

## **TRAUMA AND THE OUTER PLANETS** **by Jeffrey Wolf Green**

*This article first appeared in the Llewellyn book called "How To Personalize The Outer Planets", book number 10, in 1992..a series of books edited by Noel Tyl. The subject of trauma is a subject rarely dealt with by astrologers, yet it is a dynamic and experience that MANY people have. Accordingly, we as astrologers would do well to understand the nature of trauma in general, and specifically to be able to help our clients who are experiencing the effects of trauma. In this spirit the following article is presented.*

First I would like to thank Mr. Noel Tyl for inviting me to write on this topic for it is a highly personal subject for me. The opportunity to write about it constitutes an act of personal therapy as some of the material that follows will be autobiographical in nature. For those who have experienced me as an enigma over the years the mask will be removed.

We will be examining in this section just exactly what is trauma: consider possible causes of it, and examine the effects that it produces. Specifically, we will examine trauma from the point of view of types of trauma. These types will be (1) mental, (2) emotional, (3) spiritual, (4) physical, and (5) collective trauma. Within these considerations we will examine the astrological correlations (planets, signs, houses) to these types of trauma, and specific case histories in order to uncover possible astrological signatures in birth charts that reflect higher probability rates for trauma.

Also, in this section, we will include Saturn even though it is not considered to be an outer planet. The reason we will do this is that Saturn correlates to the outer threshold of our conscious awareness, the boundary defining the interface between conscious awareness and the unconscious. Because Saturn correlates to the psychological function of repression or suppression which is based on the act of denial of some dynamic or experience, its linkage as a causal factor in certain types of trauma is implicated. Saturn will also be included because of its correlation to the inner and outer structure of the physical body, thus it has a linkage to physical trauma of the body.

So, what is trauma? A succinct definition will suffice. Trauma is an intense mental, emotional, physical or spiritual/psychic disturbance resulting from stress or shock that can have a lasting psychic or psychological effect. AN INTENSE DISTURBANCE CAUSED BY SHOCK OR STRESS THAT CAN HAVE A LASTING EFFECT. Yes, this statement can probably describe the state of affairs for the entire planet right now because of what psychologists have termed the Delayed Stress Syndrome. Astrologically, this is a function of Saturn, Capricorn, or the 10th house. Delayed stress infers some dynamic or event that has been suppressed, repressed, or ignored.

All that one has to do, in this country for example, is to tune into one of the talk shows to witness yet another person, or set of people, talking about some horrible event: rape, sexual or psychological abuse, etc to understand the effects of delayed stress caused by trauma. Or the Viet-Nam Veteran's problems, or the collective (Neptune) search for the inner, wounded child. The wounded child syndrome infers "origin issues" and how these issues define one's sense of identity. When Saturn, Uranus, and Neptune began their transits through Capricorn, the delayed stress of childhood surfaced into the collective consciousness of many within the Western World. Because Capricorn is a Cardinal Archetype there has been and is a need to go backwards, in the sense of recovering the inner child, by bringing to light the nature of the psychological and emotional imprinting that occurred in childhood. This must occur in order to go forwards thru becoming free or liberated (Uranus) from these early conditioning (Saturn) patterns.

On a larger level, there is a collective need all over the planet to politically, economically, and philosophically restructure (Uranus transiting Capricorn) the internal nature of each society/country in order to be free (Uranus) from outmoded or crystallized political, economical, and philosophical structures that are impeding the evolutionary growth (Pluto) and needs of the planet, and each nation on the planet. The revolutions within Eastern Europe, the Soviet Union, the restructuring of the Middle East, the "new" world order", the progressive enforcement powers extended to the United Nations, the rebellion within the Canadian Provinces, the replacement of dictators within South America with freely elected officials, the soon to be social revolution within the U.S., all attest to an individual and collective stress and trauma that will have lasting effects.

Delayed stress is implied in all of this because we are living in very transitional times in which everything has to change. The old ways of doing things do not work any more, yet to confront new and unknown ways

of doing thing is to create a fear of the unknown. Fear of the unknown creates an individual and collective insecurity. The essence of feeling secure lies in the need for self or collective consistency. So the tension or stress between the old and the new, the transition therein, leads to the delayed stress syndrome because the resistance (Pluto) to necessary change generates a suppression or ignoring of the "signs" that change is necessary. When evolutionary needs are ignored or suppressed then the need to change, now suppressed or ignored, increasingly compresses and intensifies, like the increasing friction in a fault line, until change can no longer be avoided. This resistance can lead to cataclysmic change, which produces intense forms of individual or collective trauma.

The Gaia of the Earth as a biosphere has been generating many such signs for many years now. The breakdown in the ozone layer, the greenhouse effect, the contamination of the water, the contamination of the food chain, the alteration of weather patterns all attest to a trauma within Nature that will have lasting effects. The signs have been and are many and yet the necessary changes to adjust to the scientific and empirical facts have been and are too slow. The delayed stress in the Gaia of our planet will mushroom into possible cataclysmic events that will have long range consequences leading to irrevocable change.

This may occur in many ways including the accelerated (Uranus) mutation (Pluto) within the genetic structure and coding with many forms of life within Nature, as all forms of life seek to adapt and adjust to the increasing trauma within the biosphere of Earth. This includes the forms of life called viruses and bacteria as they attempt to sustain their own lives through accelerated mutation within their own genetic structures. Uncontrolled disease is the result, the AIDS virus being but the first manifestation of the planetary trauma.

This is interesting to consider from the point of view of the Gaia. Astrologically, Neptune correlates to the overall functioning of the immune system, and specifically to the pineal and thymus glands. Saturn or Capricorn correlate to the overall structural integrity of the human body. Uranus correlates to the overall atmosphere of the planet, and, among other anatomical and physiological correlations, to the respiratory system of the human body: specifically, the lining of the lungs. Pluto, again, correlates to the phenomena of evolution, metamorphosis, mutation, and the genetic coding in all forms of life. <P>

So what do we have here? The delayed stress within the Gaia of the biosphere is now manifesting as an acceleration within the breakdown of the atmosphere; Uranus transiting Capricorn. This breakdown is fundamentally and radically altering the nature and quality of "light" within the atmosphere of Earth. The functioning of the pineal gland within the brain is determined by the quality and nature of light entering the retina of the eyes within all living organisms. By altering the quality of light entering the biosphere the simultaneous altering of the pineal gland and immune system occurs within all living organisms. In effect, this alteration will initially weaken or depress (Capricorn) the immune system as it seeks to adjust to these new conditions (Uranus in Capricorn).

In conjunction with this are mutations of the various forms of viruses and bacteria as they seek to adjust to these new conditions as well (Pluto in Scorpio). Thus, we have the AIDS virus which is known as a retrograde virus, a function of delayed stress, which has the capacity to merge (Scorpio) itself within the RNA/DNA genetic structure and coding in such a way as to turn the immune system in upon itself (lupus in the worst form) to the point of killing the organism (the human body) that it has invaded. This condition is but the first warning to mankind that the Gaia is out of balance due to the activities of humankind. With Neptune leading Uranus (as of this writing) thru Capricorn, the immune system is that which suffers first from the effect of delayed stress within the Gaia. As Uranus catches up with Neptune the next major disease that will likely occur will be specific to the respiratory system. By way of viruses that have mutated thru evolutionary necessities, this will probably manifest as multi-drug (Neptune) resistant (Pluto) forms of tuberculosis which will be spread thru casual contact with other people; by simply sharing the same air or atmosphere with other human beings, in conjunction with immune systems that are being altered or weakened, the impact of such disease has incredible implications for the planet. And, from the point of view of the Gaia, this just may be a way that Nature adapts to the out of balance state that it is in. Maybe this is Nature's way of culling organisms in to order rebalance itself into a state of structural integrity once again.

On a collective psychological/emotional level, the breakdown (Uranus) and dissolution (Neptune) within consensus societal beliefs and values (Saturn, Capricorn) i.e., the American Dream, has been and will continue to generate an increasing collective futility, depression, anxiety, angst, and hopelessness that has potentially far reaching sociopolitical /economic implications that will radically (Uranus) alter "the system" as currently structured. This kind of collective trauma is necessary because it forces the collective and

individual consciousness to invert (Saturn/Capricorn) to withdraw from the individual and collective "system" so that new ideas, realizations, and directions can be realized that reflect and symbolize the new and necessary way. A quick glimpse in into modern history when Uranus and Neptune were transiting through Capricorn the last time they were together, the 1820's, reveals this dynamic relative to the Industrial Revolution of that time. The Industrial Revolution totally altered and restructured western societies whose imprint we still live with today. And it is this imprint or structure that is once again demanding radical change.

The point of citing delayed stress as an example of trauma is that it is one of the most common forms of trauma that generates a collective or individual reality that is defined (Saturn /Capricorn) by the effects of the trauma itself. Yet, the behavioral effects that are generated are not recognized as caused by the trauma itself. It is not recognized because of the suppression or repression within the collective and/or within the individual. And, of course, the reasons of the suppression or repression are that the nature of the specific trauma is so severe that the individual or collective can not accept that the trauma has or is occurring in the first place. Yet, the suppressed trauma continues to dictate behavior, the dictation of the behavior operating at a subconscious level (Uranus). Operating in this way, the effects of the trauma produces many "signs" within the behavioral patterns at any level of reality, i.e. breakdown in the ozone layer, irrational rage in an individuals behavioral patterns, economic structures that produce increasing homelessness, bankruptcy, mergers of corporations, insane budget deficits, etc, that tell us something is amiss. As of this writing, one out of ten Americans is currently on Food Stamps. One out of ten!

If we focus on the individual, such signs can be classified as (1) personality disorders of various types such as agoraphobia, pathological lying, extreme forms of masochistic or sadistic behavior, intense or irrational rage that permeates an individual's behavior, and all forms of pathological or repetitive compulsive behavior, (2) sociopathic behavior, (3) multi or split personalities, and (4) neurosis or psychosis. And even though these "signs" of behavioral disorder define the nature of one's identity, the individual typically does not recognize or "own" the behavior until the nature of the specific trauma is unlocked. Once unlocked within the individual it becomes imperative that treatment or therapy is entered into so that a reintegration of the personality can occur. This does not necessarily mean that the effects of the trauma can be permanently erased as if the trauma never happened, but it can mean that the effect of the trauma is changed because it has been brought up from the unconscious into the full light of consciousness. In this way a perpetual awareness of the effects relative to the affect can be sustained in such a way that the individual over time can consciously change his or her behavior, the repetitive compulsion syndrome linked with traumatic behavior fundamentally altered.

The delayed stress syndrome caused by specific trauma is but one type of reaction to trauma even though the most common and pervading. Behavioral reactions to it are not dependent on suppression of a specific trauma. This means an individual can experience trauma and not suppress it, and yet the effects of that trauma will alter the individual's behavior anyway, this alteration can continue on into a potentially indefinite amount of time until the effect of the trauma is worked out in some way. The behavioral alteration is a function of the stress associated with the trauma even though the trauma is not suppressed.

Trauma occurs, again, to the mental, emotional, physical, and spiritual or psychic bodies. And, as will be seen, these bodies, when trauma occurs, can interact in a chain reaction like way, i.e. severe physical trauma causing a trauma to the mental, emotional, or spiritual bodies. Let us examine in detail, through case studies, the types of trauma associated with these different bodies and provide the appropriate astrological associations for them.

**The Mental Body:** astrologically this will correlate with Uranus as primary significator, and its lower octave Mercury as secondary significator. The types of trauma associated with the mental body are stroke, various types of psychological or psychiatric disorders, epilepsy, various diseases of the brain, sudden, unexpected changes that alter the psychological reality of the individual and the external structures of his or her reality that have defined their sense of identity up until the unexpected changes begin to occur.

**The Emotional Body:** astrologically this will correlate with Pluto as primary ruler, and the Moon and Neptune as secondary rulers. The types of trauma associated with betrayal, abandonment and gross misuse through misapplied trust, psychological and sexual abuse, sudden loss, experiencing cataclysmic events of an individual or collective nature, anticipation of events that appear to be fated or beyond the control of the individual, etc.

**The Physical Body:** astrologically this will correlate with Saturn. The types of trauma associated with the physical body are various physical traumas such as severe injuries of various types, rape, torture, intense physical illness, degeneration of the body through various causes such as disease, birth disorders such as cerebral palsy, spinal bifida, etc.

**The Spiritual Body:** astrologically this will correlate with Neptune. The types of trauma associated with the spiritual body are loss of faith, loss of beliefs, loss of values, massive disillusionment, and in rare cases being possessed by an unwanted spirit.

Again, a key point to remember is that even though trauma can occur in one of the specific bodies, i.e. physical, there is almost always a chain reaction effect that impacts the entire organism, the other bodies, in a variety of ways.

Let us now examine two case histories, from an astrological view, to help illustrate these ideas. In these cases you will notice the presence of stressful aspects to the relevant astrological dynamics or archetypes. In my work with over fifteen thousand clients I have observed that stressful aspects do indeed correlate with a higher probability rate for traumatic experiences than the non-stressful aspects. Natal charts that have stressful aspects to the planets that correlate with the various traumas thus have a higher probability rate for trauma than those that do not. When these natal planets experience stressful aspects through transits or progressions the probability of some kind of trauma becomes quite high.

Case #1: Physical Trauma: Birth date 12-03-1982, 4:16 p.m., Seattle, Wa. This is a case history of a girl born with a genetic disorder called Turner's Syndrome. This syndrome is a genetic condition in which forty five or forty eight double Y chromosomes in a girl are damaged or split. The causes of this condition are not known by western medicine. Turner's syndrome essentially is a growth disorder because these girls are born with no ovaries, or severely damaged ones. This does not allow them to have their own biological children, as well as having a lack of estrogen in their physiology which impacts the ability of the receptor cells within the bone marrow to absorb the growth hormones produced through the pituitary and thyroid glands. Maximum height is generally 4'4" to 4'8". In addition, generally half of Turner's girls have malformed kidney's and hearts which can cause death. These girls also have difficulty with their motor skills and left brain logical organization of information, and spatial relationships.

Western medicine typically treats this syndrome with anabolic steroids, estrogen and testosterone in order to induce growth larger than genetically prescribed. The anabolic steroids, in particular, have been demonstrated to damage the liver and thyroid, and testosterone to produce an abnormally sized clitoris. Around thirteen or fourteen these girls must be given estrogen in order for them to develop their secondary sexual characteristics allowing for psychological and emotional maturing into adulthood. If left untreated these girls reach their genetically prescribed height around thirty years of age. Western medicine claims that these girls can not grow more than one inch a year if left untreated. Turner's babies are also typically born premature, generally at the eighth month, which creates its own set of traumatic conditions.

Pluto correlates with the RNA/DNA genetic coding in all forms of life, Saturn correlates with the physical structure of the body. Saturn also correlates with the pituitary gland as does Jupiter. Venus correlates with the kidneys as well as to estrogen and the receptor cells within the bone marrow. The 5th House, Sun and Leo correlate with the heart. The 3rd House, Gemini, and Mercury correlate with the motor skills and the logical left brain organizational skills. Pluto, Scorpio, and the 8th House correlate with the hormones that the baby emits within the womb (Moon) to trigger birth.

In the above chart this girl has Pluto conjunct Saturn at the point of a T-square with the Moon and Mars which are opposed. The Moon is inconjunct Venus, and Venus is in a semi-square with the Saturn/Pluto conjunction. This girl was indeed a premature birth, being born one month early. The T-square which involves Pluto, Moon and Mars suggests the early triggering of the birth hormone by the baby. She was diagnosed with Turner's Syndrome at five years of age. This diagnosis was triggered because this girl had stopped growing for a period of about one year. The physical trauma is certainly obvious in this astrological signature. In fact, the entire Turner's Syndrome is within this astrological pattern. With Jupiter in the 6th House (overall health) trining the Moon, and sextile Mars, the more severe conditions causing or leading to premature (Mars) death (Pluto) was not genetically programmed: Jupiter in Scorpio in the 6th House. She did not have a malformed heart or kidneys.

Even though western medicine does not know the causes of Turner's Syndrome it may be interesting to

note that the father of this girl served in Viet-Nam and was heavily exposed to Agent Orange. This is a dioxin that accumulates in the liver, and has been demonstrated to cause genetic disorders in laboratory animals. This girl's father also has Jupiter (liver) in Scorpio conjunct his daughter's Jupiter in her Sixth House. And the girl's Jupiter, Saturn and Pluto fall in his 12th House (the 12th House often being an indicator of genetic problems). Since this girl has Saturn conjunct Pluto in her 5th House square Mars in Capricorn, and the Moon in Cancer, a linkage to the father as a possible cause could be seen.

This genetically programmed physical condition (trauma) could also trigger trauma in the mental, emotional and spiritual bodies. The mental body because of the breakdown in the left brain that controls the motor skills and the ability to logically structure or organize spatial relationships and information. The emotional body because of the physical conditions that she is unable to change or control, and the spiritual or psychic body because of a psychology that would be based on feeling victimized or punished by forces (God?) larger than herself. In this girl's case the role of the parents (the planetary rulers of her Fourth and Tenth Houses are conjunct in the Sixth House) becomes paramount to her sense of identity within this genetically programmed condition. With her Sun conjunct Uranus in the 6th House the parents' role as teachers generating a positive self-image is critical. In addition, the parents rebelled (Uranus) and rejected (6th House) the medical establishments methods of treatment (6th House). They sought out alternative methods (Uranus in the Sixth) of treatment that involved certain nutritional supplements that enhanced the ability of the receptor cells to absorb the growth hormones. They taught the girl the power within her own mind, the power of thought, to create her own reality (Sun conjunct Uranus). Uranus at this level correlates with the creation (Sun) of dendrites (Uranus) within the brain (Uranus) that allows it to evolve (Pluto). The teaching had the effect of returning power (empowerment) to the girl (Pluto conjunct Saturn in the 5th House). As a result of these two effects the girl grew four inches within the first year after diagnosis, two inches in the second year, and two inches and counting within the third year.

This sense of empowerment led to a positive self-image. In her own words this positive self-image is stated best: "I may be small in body, but I am big in heart and soul". The psychological attitude has allowed her to withstand negative peer group feedback because she is "different".

In addition, her parents helped her to develop her motor skills and logical ordering by simply teaching her to work with making jewelry out of beads: everyday. This was very difficult at first, but through persistence and determination she evolved new dendrites within the brain that by-passed the brain's normal structure relative to this function. She now has perfect motor skills and organizes information and spatial relationships like everyone else. Instead of feeling victimized by God she has learned to draw upon God as an ally in all ways, and to ask for God's help to grow. In essence, the affect of the physical trauma has now generated different effects that will allow a positive integration of the personality.

**Case History #2.** Emotional Trauma. Birth date: 12-02-1946, 04:52 am, Hollywood, California. This is a case history of a man who was severely sexually and psychologically abused by his mother. This abuse started right after birth, his first six months were spent black and blue, and continued until he was placed in an orphanage at six years of age when his parents separated for a period of time. After they got back together they brought him home. The sexual abuse then stopped, but the psychological abuse continued.

Without being explicit suffice it to say that the sexual and psychological abuse was severe. And it began immediately after birth. This is called pre-verbal abuse. When this occurs one of the critical stages of an infants' development is not developed: the internalization of the mother. When that stage of development does not occur the infant does not learn to feel safe or secure when the mother is not present.

The inner feminine dynamic within the man is called the anima in Jungian psychology. When the anima is wounded through abuse, abandonment, violations of trust, and betrayal it leads to emotional trauma and displaced emotions. When this man was a child he inwardly detached from his body and immediate environment as a survival function. He developed a life of total fantasy and illusion considered as reality. He blocked the body from all sensation. He was "visited" in the dark of the night by an "angel" called Mary whom he considered his real "mother" because this angel provided comfort and nourishment. He longed for the dark of the night, he feared the days when his mother was alone with him.

Because he learned to survive through detaching from his body and environment, through living in his inner world, he became a loner as he grew. Acutely shy and sensitive, he felt alienated from his peers and the world. The memories of childhood were blocked, suppressed within the unconscious anima. He remained an emotional infantile and compensated, unconsciously, by a singular focus upon philosophical

and spiritual development as he grew into adulthood. This was accomplished by being initiated into shamanistic practices via the Navaho peyote tradition, and by entering monasteries of an Eastern Tradition.

He shunned normal relationships with women, and the few that he engaged in were based on women who would aggressively pursue him. These women were "femme fatal" types who repeated the patterns of his mother: violations of trust, abandonment, betrayal, and abuse. Because the memories of his mother, the initial trauma, were suppressed. The effects generated by the trauma were repeated into adulthood through the function of emotional displacement. This function this set him up to be re-victimized. Astrologically, this man has the classic signature of sexual and psychological abuse and trauma associated with the mother. This pattern is reflected in his Pisces Moon in the 4th House being squared by Mars in the 2nd House, and Uranus in the 8th House; Mars and Uranus being opposed. In addition, the Moon is at the apex of a Yod with Pluto and Neptune. Beyond the sexual abuse that this pattern demonstrates, the psychological abuse (Uranus in the 8th House) created an extremely inferior self-image (Moon in Pisces in the Fourth House). This image was built upon messages that there must be something wrong with him, that he was "nothing", that he deserved pain and punishment even though he did not know why (Pluto). His inner compensation through fantasy and spiritual development allowed him to experience himself in a larger than life type way, but the subjective personality or ego (Moon in Pisces) was fractured, diffuse, and not integrated: it was weak and inferior. The emotional infantile wanted to please others in order for some sense of personal approval to be given. When this combined with the unconscious anima which was defined by "there must be something wrong with me", an emotional masochist was produced who had no inner or outer sense of boundaries.

This masochistic emotional psychology generated a reality of wanting to help others, to be of service to a larger whole; of never saying no. He became a very successful counselor, teacher/lecturer, and writer. The archetype of masochism is one of surrendering the ego, to sacrifice and crucify it, to a larger purpose, goal, or good. Astrologically, by the way, the archetype of masochism is reflected in Pisces and Virgo, the 6th or 12th Houses. With this man having his Moon in Pisces at the apex of a Yod with Neptune and Pluto, and at the apex of a T square with the Mars and Uranus, the masochistic archetype defines his sense of ego or personality. Even though he became very successful in his work role, inwardly he could not personally relate to his success or the acclaim heaped upon him because of messages that defined his wounded anima: "there must be something wrong with me, I am nothing". And, yet, he learned that it was safe to hide behind the outer persona or animus so that the wounded anima, his "real" self, would not be seen.

The emotional trauma of childhood finally became unblocked in his forty-fourth year. At this point he was married to what he was sure was his soul mate: a woman who appeared through words and actions to be everything he had ever wanted, a woman who was the ultimate embodiment of his wounded anima in both forms: the angel Mary who offered relief from his suffering, and the actual mother who created it within him in the first place. After three years of marriage in which she appeared as the angel Mary she became, almost overnight, the actual mother. She abandoned him and his children (from a previous marriage) through behavior and actions that could only be judged as evil and sadistic. Through synastry, her natal Pluto and Mars which are in opposition, landed in his Tenth and Fourth Houses: Pluto in the 10th House opposing his Moon, and her Mars in his 4th House conjunct his Moon. As an aside, individuals who have Mars in opposition to Pluto often have what psychologists call "split personalities", or the Dr. Jeckel/Mr. Hyde syndrome. By attracting this type of women into his life, another "femme fatal" type, it seems as though a fated life experience unfolded in such a way as to unlock the effects of the initial emotional trauma of childhood because of the effects created through her actions towards him and his children.

This trauma occurred when the transit of Pluto was exactly inconjunct his natal Uranus in the 8th House. Overnight he was separated from his wife and children. This occurred when the other side of his wife's personality suddenly, without warning or provocation, manifested. Without going into detail suffice it to say that her actions, and the allegations she asserted to others about him, had the temporary effect of displacing him from his children and permanently from her. In addition, the Pluto transit was also squaring his M.C. and I.C., conjuncting his natal retrograde Venus (recovering something from the past), Mercury, and Ascendant, and trining his natal Moon in the Fourth House. If this was not enough!, the transits of Neptune and Uranus were also inconjuncting the natal Pluto and Saturn in his Ninth House, and inconjuncting his natal North Node in his 7th House. The emotional trauma set in motion via the Pluto transit also triggered a psychological or mental (Uranus) trauma, a spiritual or psyche (Neptune) trauma, and a physical (Saturn) trauma. Physically, he experienced heart problems (natal Saturn in Leo, spiritually

he was blown to pieces which required intense therapy. With the Neptune and Uranus transit occurring within his Second House he also became bankrupt in that he ended up having to spend a tremendous amount of money defending himself legally through lawyers against the allegations that were made.

The truth (Ninth House) finally prevailed and all allegations dismissed. The one non-stressful aspect, the Pluto transit trining his Moon, allowed him to recover not only his children, but allowed him to uncover the initial emotional trauma of childhood in such a way as to help him understand the dynamics within himself that were serving as the causal factors dictating the types of adult women that he formed relationships with. The long buried memories finally surfaced through the assistance of a professional therapist. He began the long process of integration between the Soul (Pluto), and the personality or ego (Moon): the little picture within the big picture. These transits created a total identity crisis that is now producing a "new" individual who is more fully integrated than ever before. The mask is now removed as this is my story.

Hopefully, these two case studies will help you understand the ideas and dynamics concerning trauma. At this point I would like to example Saturn, Uranus, Neptune and Pluto through the houses in order to illustrate where and how the various traumas can manifest when they do. As in all astrological work an entire horoscope must be evaluated to determine the exact application to any given individual. The following statements and descriptions are only relative to one factor: a planet in a house. These statements are not presented as if they are fated. They are only suggestive of what kind of traumas can exist.

## **PHYSICAL TRAUMA AND SATURN**

Saturn in the First House or Aries: physical trauma that can occur include severe injuries to the head, stunted growth of the skeletal system, imbalance within the white and red blood cells that can cause various problems, malformed genitals, various forms of arthritis due to dehydration of the soluvial fluids, osteoporosis in females after menopause, severe anaemia, and prostrate problems in men.

Saturn in the Second House or Taurus: physical trauma that can occur include severe injury to the lower back, blockage of the ducts within the kidneys, kidney disease, build up of deposits within the veins or arteries leading to a variety of problems such as phlebitis, imbalance in the white and red blood cells that could lead to leukemia, ovarian cysts or cancer, tipped wombs in females impacting on ability to conceive, disease linked to the cervix, womb or vagina, problems within the inner ear that can cause vertigo and unexplained dizziness.

Saturn in the Third House or Gemini: physical trauma that can occur include severe accidents to the hands or arms, nerve damage impacting on motor skills, problems impacting on the autonomous nervous system, various degrees of hearing loss associated with the nerves being diseased or dying within the ear, disease with the larynx, tumors on the left side of the brain, synapse dysfunction on the left side of the brain.

Saturn in the Fourth House or Cancer: physical trauma that can occur include disease of the lymphatic system, ulcerations within the stomach or duodenum, cancer of the stomach or intestinal tract, gall stones, chronic constipation leading to progressive infusion of toxins throughout the system, glaucoma, cataracts, and disease associated with the eyes, prolapsed wombs, and chronic fatigue syndrome generated through yeast infections.

Saturn in the Fifth House or Leo: physical trauma that can occur include malformed hearts, disease of the heart, heart murmurs, high or low blood pressure, circulatory problems, retinal detachment, progressive degeneration of the nerves within the eyes, night blindness, stroke, heart attacks, angina, anemia and general constitutional weakness of the life force available to the entire system.

Saturn in the Sixth House or Virgo: physical trauma that can occur include breakdown in various magnitudes within the immune system leading to uncontrolled infections of all kinds, various forms of arthritis, motor skill dysfunction, dysfunction of disease with the throat or larynx, skeletal diseases and breakdowns within the bone marrows' ability to produce healthy, functional B and T cells.

Saturn in the Seventh House or Libra: same as the Second House.

Saturn in the Eighth House or Scorpio: physical trauma that can occur include disease of dysfunction of the

pancreas, colon, intestine, stomach, liver, duodenum, various cancers, prostritus, cervical, uterine or ovarian growths, cysts, or cancer, genetic birth defects, disease or dysfunction of the endocrine or lymphatic systems, candida or yeast infections, improper levels of enzymes regulated through the pancreas and liver, problems associated with the spinal column such as curvature of the spine, disintegrating spinal discs, fusion of the vertebra, etc.

Saturn in the Ninth House or Sagittarius: physical trauma that can occur include dysfunction or disease of the thyroid and pituitary glands, insufficient constitutional strength through a lack of zinc and/or silica, naturally accident prone because of a general absentmindedness which can lead to physical injuries of various magnitudes, restrictions within the sciatic nerves that produces improper circulation within the legs and a state of chronic muscular tension in the less and feet, liver dysfunction generating toxic conditions throughout the system, and digestive problems associated with enzyme levels controlled by the liver.

Saturn in the Tenth House or Capricorn: physical trauma that can occur include various forms of arthritis, osteoporosis, breakdowns within the B and T cells emanating from the bone marrow that implicates the integrity of the immune system, disease or dysfunction of the pituitary or thyroid glands, severe problems with the skin, cancer or dysfunction within the digestive tract, growth disorders, skeletal disorders.

Saturn in the Eleventh House or Aquarius: physical trauma that can occur include stroke, all manner of dysfunction or disease of the brain, damage to the brain leading to various conditions such as cerebral palsy, respiratory disease or dysfunction, inherent or genetic weakness in the lining of the lungs, dysfunction or disease of the hypothalamus and thalamus glands, dysfunction or disease within the overall nervous system.

Saturn in the Twelfth House or Pisces: physical trauma that can occur include auto-immune syndrome, any manner of disease or dysfunction of the immune system, endocrine and lymphatic systems disease or dysfunction, abnormalities linked with the feet, severe water retention, and apparently unresolved or wrongly diagnosed chronic systemic issues that create the effect of never being really well, or truly healthy.

## **MENTAL TRAUMA AND URANUS**

Uranus in the First House or Aries: mental trauma can occur to these individuals because of an inability to accept physically, psychologically or karmically prescribed limitations that create the effect of blocking them from achieving their inner sense of special destiny, of not being able to do anything or everything that they feel they could do. Typically, these individuals have a "superhuman" complex that requires circumstantial restraint in order to realign the ego into a state of balance or equality with other individuals. The natural power of leadership and breaking new ground exists within these people, yet they must learn how to integrate this capacity within the "system" as currently defined so that these intrinsic abilities can be actualized. Subconsciously many of these individuals will have memories of premature or early life endings from other lives. This can create irrational fears of losing control, or of going too far from their immediate environment in which they feel safe. Uranus in transit through the First House, forming a stressful aspect through transit to the planetary ruler of the First House, Mars, or to natal planets in the 1st House can generate this type of trauma.

Uranus in the Second House or Taurus: mental trauma can occur when these individuals are forced to change the nature of their value systems, values that have defined their identity and overall reality for a long time. Everything that has been held dear and cherished becomes lost: this can include material loss as well. Because of this trauma these individuals must realign themselves with a new set of values, or at least adjust or modify the existing ones, which will allow them to relate to themselves and others in a totally different way. Subconsciously many of these individuals will have vague memories of physical or emotional destitution which can create the effect of desperately hanging on to what they have, as well as a fixity of values that have defined their sense of meaning in life. The transit of Uranus in the Second House, or the transit forming a stressful aspect to the planetary ruler of the Second House, or to Venus, or to planets within the Second House can generate this type of trauma.

Uranus in the Third House or Gemini: mental trauma can occur when these people experience life situations that directly confront the way in which they understand life via their ideas, opinions and mental constructions. The intensity of the confrontations or experiences forces them to question and restructure their mental constructions so that a new ideational system occurs. The transition between the new and the

old systems is the period of greatest trauma and psychological instability. Subconsciously, many of these individuals can have memories of a knowledge based on understandings that are not present, or part of, the current life reality as reflected in other people or society in general. The frustration of trying to communicate or relate such knowledge creates a state of psychological confinement because of the "differentness" or wide gap that they experience within themselves in contrast to those around them. This frustration can generate its own mental trauma that is defined by a state of alienation from others and society. When Uranus transits the Third House, forms a stressful aspect by transit to the planetary ruler of the Third House, or Mercury, or to natal planets in the Third House it can generate this type of trauma.

Uranus in the Fourth House or Cancer: mental trauma can occur when these individuals experience an intense lack of emotional understanding, and a lack of nurturing, related to their biological parents. Through extension, this same lack is experienced as adults because of the displaced emotions of childhood. This creates a core insecurity, and an unresolved inner child, that can project emotional demands onto others in an effort to recover or experience the emotional nurturing that they desire. This can generate quite erratic and unpredictable emotional states and moods that affect themselves and others in adverse ways. These individuals will continue to generate environmental or circumstantial experiences that have the effect of throwing them back in upon themselves until they understand that the nurturing and security that they are seeking is wholly within themselves. This will occur because Uranus here will cyclically remove or radically change their life forced to learn this lesson. This can clearly generate psychological trauma. Subconsciously, many of these individuals have memories of many other lifetimes in which this same dynamic has been operative. This only adds to and intensifies the projected emotional demands and needs which in turn only intensifies the effect of not having these needs met at the most crucial of times. When Uranus transits the Fourth House, forms stressful aspects by transit to the planetary ruler of the Fourth House, or the Moon, or to planets in the natal Fourth House it can generate this type of trauma.

Uranus in the Fifth House or Lee: mental trauma can occur when these individuals experience an indifference or non-acknowledgement from society or others. This is so because these people have a need to be acknowledged as special, to be acclaimed and validated as a Zarathustra or superhuman as measured against other people. This experience of indifference or non acknowledgement can occur throughout life, or it can occur cyclically as these individuals may achieve relatively great heights or achievement for a time only to experience a fall from grace. Thus, periods of time of no acclaim or achievement. This effect can also occur when Uranus transits the Sun in any chart or begins a transit of the Fifth House, or forms a stressful aspect via transits to the planetary ruler of the Fifth House. Typically this generates the evolutionary need to almost totally change, restructure or redefine how an individual's sense of purpose in life has been actualized, and how the individual has understood the very meaning of his or her life in relation to that purpose. This period of disassociation, and the consequent need to reassociate one's sense of purpose and meaning in new ways, can be truly psychologically traumatic. This is because the very core of the individuals' beingness seems to have so radically changed. The period of disassociation can fracture the ego or personality in potentially horrendous ways. A bomb has gone off, and the pieces that are falling back to earth in a new way. Being responsive to this necessary change, versus trying to maintain what was, is the key leading to psychological stability and reintegration. Many of these individuals will have subconscious memories of achieving great fame, acclaim or heights from other lifetimes, some having memories of being part of some royal family. This can only fuel the frustration of not being acknowledged as special in this life.

Uranus in the Sixth House or Virgo: Mental trauma can occur when these individuals focus upon and experience a sense of psychological separation, of isolation, from their immediate environment. And within this isolation or separation they can interpret their overall environment in general, and others specifically, as being unduly critical or persecutory towards them. Other people seem to be conspiring against them in one way or another. In addition these people can experience trauma with respect to the type of work that they find themselves in because they typically feel that they have a very different approach to work in general, and a very different ability or capacity that remains unactualized specifically. The underlying subconscious memories that these individuals have suggest that they are not good enough or ready to actualize their sense of larger capacity. This creates its own trauma because of the implied crisis of not actualizing what the individual senses to be possible. This sense of inner and outer containment creates a dynamic of rebellion in which these people can create one crisis condition after another. Each crisis, large and small, creates the effect of being in an almost perpetual state of trauma in one way or another. Many of these individuals will have subconscious memories from other lifetimes of intense, irrational persecution and ridicule. This creates the effect of not only feeling victimized, but also one of trying to appear normal in their lives, even though they do not feel normal. This form of

compensation creates the sense of frustration and isolation. When Uranus transits the 6th House, when through transit it forms a stressful aspect to the planetary ruler of the 6th house, or Mercury, or to planets in the 6th house it can generate these types of trauma.

Uranus in the Seventh House or Libra: mental trauma can occur to these individuals when they experience sudden, unexpected disruptions, fracturing, or outright termination within their relationships, intimate and otherwise. This can occur by another, or others, projecting their own subconscious realities or dynamics upon these individuals, or because of these individuals projecting their own stuff upon other people. In both scenarios this type of projection creates a high degree of irrationality into the composite effect of the relationship(s) that can lead to psychological instability or trauma. In addition, these individuals have an intrinsic sense of fair play, of justice, and of equality. When these intrinsic principles are consistently violated in relationship the cumulative stress can induce a psychologically traumatic state. When this occurs these individuals must reevaluate themselves in terms of their expectations about reality in general, and relationship dynamics specifically. And because these individuals will rebel against the feeling of being overly confined, or enmeshed, in a relationship they can create trauma for themselves and their partners when they begin to look for the exit sign. Many of these individuals will have subconscious memories of sudden loss within relationships that intensifies a core detachment from people in general, and those that they are intimate with specifically. This inner, subconscious vibration can thus attract others who seem to be just as detached at a core level as they are. This can create trauma for both because neither will have the feeling of being totally connected to each other. When Uranus transits the 7th House, or forms stressful aspects through transits to Venus, planets within the natal 7th House, or to the planetary ruler of the 7th House these types of trauma can occur.

Uranus in the Eighth House or Scorpio: mental trauma can occur to these individuals when absolute betrayals of trust occur. This can occur when an individual(s) that they have extended trust to ends up totally violating this trust to the extent of becoming a totally different person relative to how they had seemed or appeared to the individual when the trust was initially extended. This violation of trust thus generates the experience of abandonment and intense loss that can lead to psychologically cataclysmic states. By experiencing others "turning upon" them they can experience quite intense states of psychological abuse that can border on sadistic abuse. The abuse dynamic linked with violations of trust can also include sexual abuse in a variety of ways. The sudden loss linked with partnerships wherein a merging of resources and realities has occurred is that which can create fundamentally psychological trauma that impacts on these peoples' ability to trust ever again. In many ways Uranus in the Eighth House is an intensification of Uranus in the seventh House. This is so because these people can project psychological intentions, motives, or agendas onto others, and have others project the same upon them. This is problematic in that these individuals have very keen and accurate perception into how others are motivated and psychologically structured on the one hand, and on the other hand they can mix-up and project their own subconscious dynamics onto others. This produces intense psychological confrontations and tests of will between these people and others that can generate its own set of traumatic conditions. In addition, many of these people will have subconscious memories concerning these dynamics which can only intensify these problems in life. Also, these individuals commonly have had, and have, desires to experience and know the different uses and forms of sexual energy that go beyond normal procreational or conventional expressions. The potential for misuse of sexual desire and experience can create karmic conditions wherein others can misuse or abuse these individuals sexually as a result. Conversely, some of these individuals, through evolutionary development, may have known, or come to know, the highest form and right use of sexual energy that is possible. When Uranus transits the 8th House, or forms stressful aspects through transits to Pluto, natal planets in the 8th House, or to the planetary ruler of the 8th House these types of trauma can occur.

Uranus in the Ninth House or Sagittarius: mental trauma can occur to these individuals by the very nature of their beliefs because those beliefs are typically at odds with consensus held beliefs. The trauma occurs through others who isolate these people because of their beliefs, this isolation occurring, through ridicule, persecution or outright attack. In turn, these individuals can create traumatic effects for others as they challenge and rebel against the belief structures of anyone who is not in sympathy with, or supportive of, their own beliefs. Trauma can also occur for these individuals when traumatic experiences occur at such a level as to make them question the nature of what they believe in. This type of trauma or traumas have occurred in the first place because their existing beliefs can not account for or explain why the trauma could occur. An example of this could be an individual who fervently believed in a Christian God who, while in Vietnam, experienced his friend being blown to bits while reading the Bible in his bunker during a rocket attack. The shards of a blood stained Bible being all that remained, the bloodied pulp of his friend staining

the sand. This person could then find himself in a theological /existential void of despair which will alter his beliefs forever. When Uranus transits the Ninth House, forms a stressful aspect through a transit to the planetary ruler of the 9th House, or Jupiter, or to planets in the Ninth House it can generate these types of trauma.

Uranus in the Tenth House or Capricorn: mental trauma can occur to these people by way of their family or origin wherein one or both parents are dysfunctional in some way, absent, emotionally unavailable, or through sudden loss of a partner(s). Trauma can also occur through not being validated or acknowledged for who they are by the parents. As adults, these same dynamics can occur through nonacceptance by mainstream people or society, of being severely misjudged by those in their career field of choice, by sudden loss of social position or career, and through feeling psychologically misplaced in their overall environment. In addition, these individuals can suffer from severe forms of depression and psychologically self-defeating attitudes towards life in general. These states are created because of the experience of feeling blocked or thwarted by the environment. This can generate a feeling that it is pointless to work towards any goal or objective because it does not mean anything, anyway. These attitudes reflect subconscious memories that reflect other lifetimes of being "defeated" by forces that they can not control, of memories that reflect lifetimes in which the promised rewards linked with goals that were so hardly worked towards, never materialized. A permeating sarcasm and pessimism underlies these individuals very way of being, this type of psychology but the effect of these types of trauma. When Uranus transits the Tenth House, forms stressful aspects to the planetary ruler of the Tenth House thru transit, or to Saturn, or planets in the natal Tenth House it can generate these types of Trauma.

Uranus in the Eleventh House or Aquarius: mental trauma can occur when these individuals realize that they have been living a lie. This lie is one wherein they have not actualized a life or lifestyle that is reflective of their inner self. This inner self is one wherein the individual feels fundamentally different than the consensus reality that constitutes the environment in which these individuals find themselves. And yet, because of this fundamentally different inner self, these individuals will compensate by adopting the external appearance of normalcy. The act of compensation is that which generates the lie. Psychological trauma occurs relative to this realization and the need to radically alter their life. There is a need to rebel against the normal, consensus life. Yet there is also a fear in doing just that. This fear can implode on these individuals in such a way as to not act towards change, this implosion being similar to the famous Dutch Boy putting his fingers in the leaking dike. This creates its own state of instability. To fully act upon the impulse to caste off the consensus life also creates a period of instability that may be undetectable to the observer until there is a sudden, unannounced rebellion; the husband or wife who simply did not come home one night. Trauma can also occur via a myriad of social connections and relationships that turn ugly, disruptive, or simply terminate almost overnight. Friendships go astray, unforeseen dynamics and issues suddenly and "irrationally" appear. Many of these individuals will have subconscious memories that they have been persecuted or criticized for being different by others which can only fuel the psychology to compensate by adopting the appearance of normalcy. When Uranus transits the Eleventh House, through transits forms stressful aspects to the planetary ruler of the Eleventh House, forms aspects to itself, or when it forms stressful aspects thru transit to planets in the natal Eleventh House it can generate this type of trauma.

Uranus in the Twelfth House or Pisces: mental trauma can occur to these individuals when their ego or personality begins to fracture, disintegrate, or dissolve due to stress externally experienced, or through an inner stress emanating from the unconscious. This inner stress is based on thoughts, or desire impulses to escape or run away from the mundane conditions that define their life. Anatomically and physiologically this impulse is rooted in the pineal gland within the brain. Uranus correlates to the electricity within the brain, thus a high degree of electrical impulse impacting on the pineal gland. This gland secretes a protein called melatonin which is responsible for what we call dreams, sleep, and the need for transcendence; to embrace a more wholistic, inclusive, ultimate or spiritual reality. Failing to understand the right actualization of this impulse, i.e., to embrace spiritual realities, the individual becomes quite "crazy" at a subconscious level which can manifest in any manner of psychosis, phobias, neurosis, personality disorders, split or multipersonalities, addictions and escapes of all kinds. Consider that Uranus was transiting Pisces for most of the 1920's and, in the U.S., this decade became known as the roaring 20's with respect to rampant alcoholism, drug use, the invention of credit spending, etc. Many of these individuals will have subconscious memories of being imprisoned or incarcerated against their wills, and of being severely persecuted by many people. This type of memory generates a fear that translates into "hiding" from people. When Uranus transits the 12th House, forms stressful aspects through transit to the planetary ruler of the 12th House, or Neptune, or to natal planets in the 12th House through transit it can

generate these types of trauma.

## **NEPTUNE: SPIRITUAL OR PSYCHIC TRAUMA**

Neptune in the First House or Aries: idealistic expectations about self-potential that generates a sense of having something special to do. Yet the awareness and experience of self seems so small as unconsciously compared to the Universe, God, or the Other. This awareness makes it seem as though the idealistic expectations about self are impossible to achieve. A disillusionment within the self generates a disillusionment with the all, or Other: the Universal. The trauma is one of identity confusion, and how to actualize or make real that which is instinctively sensed as possible. When Neptune transits the Ascendant, forms stressful aspects through transit to the planetary ruler of the First House, or Mars, or to planets in the natal First House it can generate these issues and subsequent traumas.

Neptune in the Second House or Taurus: idealistic expectations about sharing, exchanging and giving that which constitutes the substance of life itself, a substance that allows for life to be sustained. This is the famous example of the individual who would give you the shirt off his or her own back. Thus, the individual by nature, owns nothing in the sense of egocentric identification with that which constitutes substance. Disillusionment through loss of natural values and beliefs occurs through, and because of, others who take advantage of the individual. This is done by taking away what is naturally shared and given freely without equally returning to the individual what constitutes their own substance of life; whatever it may be. Disillusioned the individual can unconsciously react by way of hoarding and taking because of a psychology that now feels that he or she is owed everything, by everyone. Irrational fear of destitution at all levels results from this. The psychic or spiritual trauma is one wherein God is not a giving, loving God, but an avenging, cruel God. It is evil. When Neptune transits the Second House, forms stressful aspects by transit to the planetary ruler of the 2nd House, or Venus, or to planets in the natal Second House it can generate these issues and subsequent traumas.

Neptune in the Third House or Gemini: an idealistic expectation linked with an inherent knowledge that there is a much larger reality than what is perceived or known by the logical, rational mind, and that others should understand and know this too. A frustration wherein their own inner expectation to be able to intellectualize, or put into logical mental sequence, that which is inwardly sensed can exist. The experience of a limited language as spoken by most of the people around them is that which frustrates their efforts to communicate that which is essentially incommunicable. It is as if these individuals are tuned into a radio station that no one else can hear. Disillusioned by their efforts to communicate in ways, and about things, that no one else seems to understand can generate a spiritual or psychic trauma wherein these people can simply give up all efforts at communicating, to inwardly withdraw to the point of total reclusion from the world. When Neptune transits the Third House, forms stressful aspects to the planetary ruler of the Third House thru transit, or to Mercury, or to planets in the natal Third House it can generate these issues and subsequent traumas.

Neptune in the Fourth House or Cancer: an idealistic expectation that the world, the universe, the origin of all things, the home, and the family is but a universal womb of purity, simplicity, of love, and of nurturing for and through all. This expectation produces a natural emotional empathy for all, a compassion linked to the common suffering of all. Disillusionment and spiritual trauma occurs to these people through the experience and perception of a natural innocence which exists within themselves, and others, becoming violated, abused, destroyed and contaminated. This experience is based on the ugly realization that impurity exists in others, that others can have malevolent intentions, that the world is no good, and that the soul can be corrupted. The natural child of innocence becomes lost, confused, and alienated within an impure world. An existential void of a godless world now haunts their souls. When Neptune transits the 4th House, forms stressful aspects through transit to the Moon, or the planetary ruler of the 4th House, or to planets in the natal 4th House these traumas can occur.

Neptune in the Fifth House or Leo: an idealistic expectation that the Eternal spring and dynamic of Creativity is unlimited and unbound, that this principle and dynamic is at one's disposal, and that Creation should be perfect and beautiful. Disillusionment and psychic trauma occurs when one realizes that one is not God, that the ego can not create in and of itself. This realization occurs when the apparent well of Creativity runs dry, appears blocked, when these individuals are not acknowledged as special and godlike by others in the way that idealistically and unconsciously is expected. Trauma occurs when what is being created appears to be insignificant as compared to what is ultimately or idealistically sensed as possible, when what others achieve or create seems more spectacular and grand than what these individuals create

for themselves, and when others are acknowledged or treated more special than they are. When Neptune transits the Fifth House, forms stressful aspects by transit to the planetary ruler of the Fifth House, or the Sun, or to planets in the natal Fifth House it can generate these issues and subsequent traumas.

Neptune in the Sixth House or Virgo: an idealistic expectation of collective and individual purity and perfection in all things, of right action. These expectations are judged against some ultimate standard of conduct. For these people purity and perfection is unconsciously linked to the desire to sacrifice oneself, the ego, to the principle of service to another, others, or the Whole. These people carry an unconscious yet pervading undefined guilt that needs to be atoned for. This leads to the creation of personal crisis and masochistic type behavior, a behavior defined by the unconscious that leads to personal crucifixion to that which is impure and unholy. Psychic or spiritual trauma occurs through creating a life of suffering in a variety of ways including physical illnesses which can not be explained, cured or properly diagnosed. Trauma occurs via an inability to understand why their suffering persists despite every effort to purify and atone for themselves through personal sacrifice. When Neptune transits the Sixth House, forms stressful aspects thru transits to natal Mercury, planets within the natal Sixth House, or to the planetary ruler of the Sixth House it can generate these issues and subsequent traumas.

Neptune in the Seventh House or Libra: an idealistic expectation that all people are essentially pure and good in general, and those that they form intimate relationships with specifically. An unconscious desire to rescue or save people through masochistic self-sacrifice, a desire to heal the hurts of their intimate partners, and to have their own sufferings and hurts healed by others; and especially by their intimate partners. These individuals "see" the potential and spirit in all people, their partners in particular, and expect that potential to be actualized. Through identifying with another's inner spirit these individuals can experience disillusionment and great pain when the other's actual reality prevails in ways that seem contradictory to what he or she wants to see or believe. Disillusionment and trauma can occur when these individuals realize that they have given themselves away to another, and that they have nothing to show for it but pain and needs that have gone unfulfilled. In addition, these individuals idealistically expect the dynamics of giving and receiving, of equality, of justice, and of fair play to prevail in all human interactions, and especially between themselves and their intimate other. When these expectations go unfulfilled, when life experience teaches them that these ideals rarely occur, tremendous disillusionment and trauma can occur. When Neptune transits the Seventh House, forms stressful aspects thru transit to Venus, natal planets in the Seventh House, or to the planetary ruler of the Seventh House it can generate these issues and subsequent traumas.

Neptune in the Eighth House or Scorpio: this can be one of the most problematical positions for Neptune in that these people can unconsciously project a complex of fears, motives, or intentions onto people that creates the effect within themselves of being unable to open up to life in general, and others specifically, even though they desperately want to. There is an incredible level of intense suspicion that is projected onto people which is but a reflection of the impurity in themselves. This impurity reflects lifetimes of manipulating, using, and destroying others relative to their own purposes. When such behavior is pointed out these people create a stance of absolute denial. Through such inner denial they project that which they are onto others, the inner denial reflecting their own unconscious idealistic expectations of how they want to be, of how they want to see themselves. Psychic or spiritual trauma occurs when the holy mask that they create for themselves shatters into the nightmare of their actual reality, and when they realize that what they have projected onto others is but a reflection of themselves. The struggle between good and evil, masochistic and sadistic behavior is most emphasized when Neptune is in the Eight House or Scorpio. In addition, these individuals can have an unconscious fascination with "taboo" forms of sexual expression, a need to be dominated or to dominate, a desire to dissolve the ego through consuming forms of sensation of a sexual nature, and at the same time deny all of this to themselves and others. Some, by way of denial, will even pretend that they have no sexual desire at all, or that sex is a function of evil. Others can develop a superstructure of fancy or groovy words reflecting high minded intentions that only mask where they are actually coming from. A few will understand and experience the metamorphic and transcendent nature of sexual energy properly used. When Neptune transits the Eight House, forms stressful aspects through transit to Pluto or Mars, or the planetary ruler of the Eight House, or to natal planets in the Eight House it can generate these issues and subsequent traumas.

Neptune in the Ninth House or Sagittarius: an idealistic expectation that the way in which these individuals view the world in general, and whatever specific views that they hold about the nature of some dynamic or experience that is occurring in their or another's life, is understood and shared by others. It is as if their "truth" must be general truth for all. Disillusionment and trauma occur when they are forced to see that

their truth or vision is but one against many other truths and visions. In addition, many of these individuals have a core feeling of inadequacy and impurity which can generate the need to compensate for this feeling. This compensation can take the form of becoming incredible liars, the basis of the lies to create an illusion that makes them appear holy, grand, sincere, and much "larger" than they actually are within themselves. These lies can also be created to maneuver or manipulate others to do something that they want done for some devious and dishonest purpose. Disillusionment and trauma occurs when their lies are revealed, and when the actual reality of who they are becomes exposed and in their face. Some will have unconscious expectations that all people should be or are essentially honest. This is because this type of person is inwardly defined by this noble dynamic. Some are the very essence of unwavering honesty in all that they do, in the very nature of their beingness. Disillusionment and trauma occur when they experience the pain of dishonesty through others, when they become victimized by an unprincipled world. When Neptune transits the Ninth House, forms stressful aspects through transit to Jupiter, planets within the natal Ninth House, or to the planetary ruler of the Ninth House it can generate these issues and subsequent trauma.

Neptune in the Tenth House or Capricorn: idealistic expectations about the nature of family structures, societal structures, and the structure of the world itself. The essence of these expectations is based on the principle of sacrificing oneself, the ego, for a larger good; to others. The principle of sacrifice can have many forms, many applications. There is an unconscious expectation that purity and right action should define and prevail in any activity: large and small. These individuals are typically defined by an unconscious and uneasy feeling of guilt; that they have done something wrong, or that there is something wrong with them. Thus, there is a need to correct or atone for that guilt. As a result, this can generate life experiences in which their unconscious ideals of purity and right action, of egocentric self-sacrifice to the Other, are violated: the abusive father, the emotionally unavailable parent, the narcissistic husband or wife, the needy of this world who latch onto these people for dear life and abuse what is offered, the imperfect worlds that violates the expectation of purity and right action, etc. Over time these kinds of experiences can generate a horrible, depressive disillusionment and trauma that can create severe bouts of depression. This trauma can lead to a life in which these people struggle to throw off the undermining feelings of being continually defeated by life itself. In addition, disillusionment and trauma can occur through the experience that what is considered "real" becomes "unreal". Nothing seems to be permanent, nothing seems to last, and that the very nature of "reality" is but transitional images that come and go. And that what is "real" is only real for the time that it actually exists. Accordingly, cycles of despair, of fighting off an inner feeling of being consumed by a dark, bottomless pit define the inner world of these individuals. As a result, these individuals create a fundamental fear of losing control and, yet, longing to do so. Paradoxically, many of these people will seem like beacons of salvation light to others because of this inner world. This is because these people know their inner pain so well, that it serves to motivate them to heal the suffering of others. This symbol, Neptune in Capricorn, or the Tenth House, is the ultimate symbol of the crucifixion of the ego. If you doubt this consider that Jesus was put on the Cross when Neptune transited Capricorn in his time. When Neptune transits the Tenth House, forms stressful aspects through transits to Saturn, the planetary ruler of the Tenth House, or to planets within the natal Tenth House, it can generate these issues and subsequent traumas.

Neptune in the Eleventh House or Aquarius: idealistic expectations that all people everywhere should be treated equally and with justice. Expectations that all artificial barriers of caste, race, rich and poor should not exist, and that all social, economic, and political systems should be defined in ways that are equitable for all. These people have idealistic expectations, and a vision, that each member within a group has an important and equal function that contributes to the well being of the whole group. In addition, these individuals intrinsically expect that people should approach group activities with the spirit of how each person can add to the purposes of the group, versus what the group can do for the individual. Disillusionment and trauma occurs when all of these expectations are crushed by reality, when through experience these people realize that most people do not live or think in the ways that they do. Trauma and disillusionment occur when they experience one group dominating and taking advantage of another group, when they experience the horrible collective pain of people turning upon other people, when the awareness of so many people seems to be limited to the tip of their noses. This trauma can thus generate a total detachment from all external reality. This can create the effect of being extreme loners, removed from the fray that so many call life. Eccentric and iconoclastic, these people can experience a general uneasiness around other people, and others can also feel a vague uneasiness around them. They seem so "different" to most people, and most people seem so different to them. This creates the "plexiglass" effect wherein these people can be seen but not touched. And, for these people, they can observe life but never really experience it. Somehow they are always on the outside looking in. When Neptune transits the Eleventh House, forms stressful aspects through transit to Uranus, the planetary ruler of the Eleventh

House, or to planets within the natal Eleventh House these issues can be generated with the subsequent traumas.

Neptune in the Twelfth House or Pisces: this archetype symbolizes the sum total of all the astrological archetypes combined. Thus, issues concerning disillusionment and trauma as defined in this section on Neptune can occur in all the ways described for these individuals.

## **PLUTO AND EMOTIONAL TRAUMA**

Pluto in the First House or Aries: emotional trauma can occur to these individuals for the following causes:

1. When the need to balance their desire for independence and relationships generates a reality of feeling trapped by the needs and demands of another(s) in such a way as to block or restrain their desire to do whatever they need to do in order to become what they are becoming. Being forced to make choices regarding changing the conditions of the entrapment creates yet more trauma. That occurs because to consider termination of the relationship that he or she is feeling trapped within creates a feeling of emotional death. And to consider not making this choice which will allow for freedom of self-discovery also creates a feeling of death because it leads to sustaining the reality generating entrapment.
2. Emotional trauma can occur when these individuals create circumstances that enforce the awareness of egocentric limitations in order to counteract an underlying feeling of being "superhuman". In essence, the constraints that these people experience or create to reign in the ego leads to an emotional shock that generates a trauma of feeling limited at all levels of reality.

When Pluto transits the First House, forms stressful aspects through transit to Mars, the planetary ruler of the First House, or to planets in the natal First House it can generate these issues and subsequent traumas.

Pluto in the Second House or Taurus: emotional trauma can occur to these individuals for the following causes:

1. When life conditions are created that have the effect of forcing these individuals to evaluate their value system, and how these value systems define their sense of individual identity and meaning. Cyclically forced to reevaluate their meaning and values these people discover ever deeper levels of resources within themselves that creates new or refined values that allows them to relate differently to themselves and others. The will to survive is strong here and intense emotional trauma can occur when this will to survive and carry-on becomes weakened. Yet, the survival instinct is so strong in these folks that it does enforce the deepening of an inner awareness so that new values and ways of relating can emerge.
2. When their will to dominate another(s) is met with equally or stronger wills that have the effect of generating intense confrontations that require the individual to grow beyond his or her existing reality, and ways of being. These confrontations call into play the nature of the individual's motives, intentions, and emotional agendas in such a way that the light of honesty creates harsh yet necessary realizations about the truth of their emotional reality and dynamics.

When Pluto transits the Second House, forms stressful aspects through transit to Venus, or to the planetary ruler of the Second House, or planets within the natal Second House these issues and subsequent traumas can occur.

Pluto in the Third House or Gemini: emotional trauma can occur for the following causes:

1. When the water tight intellectual constructions that define not only these individuals' sense of reality in general, but also the very core of their emotional security which is based on their intellectual constructions, becomes unraveled through intense, cataclysmic life experiences. The nature of these cataclysmic events forces them to change their way of thinking, of how they have understood the nature of things.
2. Emotional trauma can also occur when these people experience intense intellectual confrontations with others that poke holes in the water bags in such a way that they have no choice but to question their

underlying assumptions about the nature of reality. Once the underlying assumptions are questioned and changed, the rest of their complex intellectual network also falls and changes. The emotional trauma is defined by a core instability and insecurity because of the need to change the nature of their intellectual framework, and how they communicate their ideas and opinions. The period of insecurity or trauma is defined by the amount of time it takes for these individuals to evolve into new ways of understanding.

When Pluto transits the Third House, forms stressful aspects through transit to natal Mercury, or to the planetary ruler of the Third House, or to planets in the natal Third House these issues can be generated with the subsequent trauma.

Pluto in the Fourth House or Cancer – emotional trauma can occur to these individuals for the following causes:

1. Intense emotional, psychological and/or sexual abuse with their family of origin. This can generate a deep, wounded child who has failed to learn how to internalize the mother and/or father in such a way that when they are not present the individual's sense of safety and security does not exist. This displaced emotional dynamic manifests in their adult lives in such a way as to recreate the early family dynamics in their adult relationships. This effectively creates a reality in which they project intense emotional demands upon their partners. Such partners will not be consistently available to them either. Emotional trauma can thus reoccur as the emotional demands and needs of the displaced inner child go cyclically unfulfilled.
2. When the very nature of their overall reality, how they have structured their lives, is threatened or destroyed: taken away against their wills. When this happens these individuals will experience a sense of emotional death, this experience being so total because the very essence of their emotional security, and sense of identity, is removed.

When Pluto transits the Fourth House, forms stressful aspects through transit to the Moon, or to the planetary ruler of the Fourth House, or to planets within the natal Fourth House, it can generate these issues and subsequent traumas.

Pluto in the Fifth House or Leo: emotional shocks or trauma can occur to these individuals for the following causes:

1. When life conditions occur to totally defeat egocentric delusions of grandeur. This deflation of the ego creates an inner sense of loss. This loss is based in not being allowed to be at the center stage of life, of not being the self-appointed star of the play.
2. When life conditions occur in which these individuals feel an almost absolute powerlessness to change or alter how those life conditions are occurring. The awareness of "forces larger than themselves" creates the sense of an ego death until these individuals incorporate and align their egos with those forces. When this occurs creative change begins in very positive ways. These changes can lead to very creative expansions of the overall life purpose.

When Pluto transits the Fifth House, or forms stressful aspects through transit to the Sun, or the planetary ruler of the Fifth House, or to planets within the natal Fifth House these issues and subsequent traumas can occur.

Pluto in the Sixth House or Virgo: emotional trauma can occur to these individuals for the following causes:

1. When life conditions occur in which the individual experiences an intense lack of meaning, or when their life conditions become meaningless. This sense of lack, of an existential void, generates a total state of crisis. This crisis is one of feeling totally displaced on an environmental basis, and a sense of acute inner aloneness in which they can feel victimized by the life conditions that they are experiencing.
2. When life conditions occur in which the individual feels intense persecution or criticism of an unjust nature. Not being able to understand why these conditions are contracted generates the trauma.

When Pluto transits the Sixth House, forms stressful aspects to Mercury, or to the planetary ruler of the Sixth House, or to planets in the natal Sixth House these issues and subsequent traumas can occur.

Pluto in the Seventh House or Libra: emotional trauma can occur to these individuals for the following cause:

1. When life conditions occur in which they are forced to realize that the sense of purpose and meaning that they are looking for is not embodied in another person, but is within themselves. These individuals' core sense of identity and security is bound up, linked with, the desire and need to be in intimate relationships. At key points in their lives these individuals will experience fundamental breakdowns, confrontations, or cataclysmic loss within their existing relationship. This has the effect of forcing them in on themselves in order to learn to grow from within themselves, not through and because of another person. The compulsion of co-dependency is shattered.

When Pluto transits the Seventh House, forms stressful aspects through transit to Venus, to the planetary ruler of the Seventh House, or to planets within the natal Seventh House it can generate such conditions within existing partnerships with the subsequent trauma.

Pluto in the Eight House or Scorpio: emotional trauma can occur to these individuals for the following causes:

1. When life conditions are created in which they experience severe and intense betrayal, and violations of trust.
2. When they experience being intensely used and manipulated by other(s).
3. When they experience intense sexual violations and misuse of such energy.
4. When they experience intense loss of those that are closest to them.
5. When life conditions are created in which they are forced to examine their own motives, intentions, and emotional agendas. This examination, at some point, will uncover the subtle and not so subtle ways in which they have manipulated others or situations in order to gain something that they need or want. The light of emotional honesty creates a cruel glare that exposes the inner lies that they create for themselves and others.

When Pluto transits the Eight House, forms stressful aspects to Mars and/or Pluto through transits, to the planetary ruler of the Eight House, or to planets within the natal Eight House it can generate these issues and subsequent traumas.

Pluto in the Ninth House or Sagittarius: emotional trauma can occur to these individuals for the following causes:

1. By experiencing a core alienation relative to their country and culture and origin.
2. By experiencing intense belief system confrontations with others, or a society in which their beliefs are fundamentally at odds, or contradictory to the beliefs of most others.
3. When cataclysmic life events occur that forces them to examine the nature of their beliefs and underlying principles that generate those beliefs.
4. When they experience intense violations of truth, honesty, and the principle of justice relative to the truth of any given situation.

When Pluto transits the Ninth House, forms stressful aspects through transit to Jupiter, the planetary ruler of the Ninth House, or planets within the natal Ninth House these issues and subsequent traumas can occur.

Pluto in the Tenth House or Capricorn: emotional trauma can occur to these individuals for the following causes:

1. When they experience a total "fall from grace", or from positions of power and/or social position. This can be extremely intense because these individuals are inwardly defined by their social position or role. The fall or loss of position requires an intense inner reformulation or metamorphosis of their sense of identity, an identity that is not defined by social power or position. Former President Nixon is an example of this dynamic.
2. When they are born into a family in which one or both parents are emotional dictators who expect the child to conform to their sense of reality. The child is thus not acknowledged for their own innate individuality. This type of trauma creates an adult who is emotionally closed and rigid because he or she has learned as a child to emotionally shut down in order not to be hurt. The delayed stress of childhood manifests as adults who try to control or shape the emotional lives of those that they interact with. This is done through confronting type judgments that they project onto others.

When Pluto transits the Tenth House, forms stressful aspects through transit to Saturn, planets within the natal Tenth House, or to the planetary ruler of the Tenth House it can generate these issues and subsequent traumas.

Pluto in the Eleventh House or Aquarius: emotional trauma can occur for these individuals for the following causes:

1. When they realize that the lifestyle that they have been living is not reflective of their actual nature, or when their lifestyle is radically altered through cataclysmic events which they seem powerless to alter.
2. When they experience being intensely used and manipulated by others who have been considered friends or lovers, or when their friends or lovers seem to turn against them for no apparent or legitimate reason.
3. When the overall culture treats these people as iconoclastic threats in such a way as to create a reality for them of always being on the outside looking in.

When Pluto transits the Eleventh House, forms stressful aspects through transit to Uranus, to planets within the natal Eleventh House, or to the planetary ruler of the Eleventh House these issues and subsequent traumas can occur.

Pluto in the Twelfth House or Pisces: emotional trauma can occur to these individuals for the following causes:

1. When their innate sense of ideals are so severely crushed through life conditions that they become lost souls; souls that become utterly aimless, ungrounded, and who simply wander the alleyways of life.
2. When these individuals create a reality that seems to be the embodiment of all that they have ever dreamed of only to have that reality destroyed. The degree of disillusionment can create a state of absolute emotional devastation in which the will to continue living can become weakened if not extinguished.
3. When their innate need to rescue, save or help those in need, or those who are unstable, weird, or fractured becomes over extended to the point of feeling all used up. The trauma is one of total emotional exhaustion wherein they begin to wall themselves off from life, to enclose themselves in order to create a protection from the emotional demands of those around them.

When Pluto transits the Twelfth House, forms stressful aspects through transit to Neptune, the planetary ruler of the Twelfth House, or to planets within the natal Twelfth House, these issues and subsequent traumas may occur.

## **CONCLUSION**

I would like to mention that traumatic conditions are, of course, very difficult situations that can be very hard to deal with as they are occurring. But, such conditions always have a way of resolving, and there is always some leap in our growth because of them. Once we understand the reasons or causes of the various types of traumas, the solutions and ways of resolving them can become apparent or known. The key is in the understanding, of the causes, of any given trauma. And then to resolve to take the positive actions necessary so that growth and change can occur.